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Exercise Prescription - American College of Sports Medicine ACSM's Guidelines for Exercise Testing and Prescription, 7th Edition. Editor: Whaley, Mitchell H., PhD, FACSM
Bibliographic Data: (ISBN: 0-7817-4506-3, Lippincott Williams & Wilkins, 2006, \$32.95) 366 pages, spiral bound cover.
Subjects: Sports Medicine. DESCRIPTION: This is the seventh edition of a resource for professionals who advocate

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