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past and live questions from all major

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Level 3 Nutrition Exam Mock Questions -
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Level 3 Nutrition and Weight

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within the Level 3 Certificate in Personal Training and the Level 3 Diploma in Advanced Personal Training.

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1. Know what to Expect in the Active IQ Level 3 Anatomy and Physiology exam:

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paper has 30 marks.

MOCK PAPER Level 3 Applying the
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3 Answers File. Applied A&P and
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Three

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The 'traffic light' labelling system shows amounts of which four nutrients? A. Saturated fat, sugar, salt, minerals. B. Fat, saturated fat, sugar, salt. C. Saturated fat, sugar, starch, minerals. D. Fat, starch, salt, sugar.

Principles Of Nutrition: Physical Activity

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and Physiology 2 answer sheet File.

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sheet File. Exercise for Older Adults File.

Course: Mock Exams

Active IQ external newsletter - October 2020. While the COVID-19 pandemic is not yet over and a range of restrictions remain in place, the last seven months have shown that adapting to change,

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keeping things fluid and seeking expert advice have helped to keep many in business.

Home [www.activeiq.co.uk]

Level 3 Nutrition for Physical Activity
Mock Paper. This is a **MOCK PAPER ONLY** and is solely for revision purposes.

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All questions are multiple choice. Calculators are permitted. This theory paper has 40 marks (each question is worth 1 mark). A minimum of 28 marks overall (70%) is required in order to pass. In the actual theory assessment, you will be given 45 minutes to complete this assessment unless otherwise agreed by

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Mock Paper | Pure ...

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questions that are phrased as standard multiple choice, pictorial, fill the blanks and/or complete the

Time allocation Title MOCK PAPER
Level 3 Diploma in Mat Pilates (Online)
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This exam includes a wide range of

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anatomy and physiology knowledge, including the skeletal system, muscular system, cardiovascular system, nervous system, endocrine system, energy systems and bioenergetics. This assessment is one of the mandatory assessments that all fitness professionals wanting to achieve Level 3 status with the Register of

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Exercise Professionals (REPs) will need to attain.

Level 3 Anatomy and Physiology Mock
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The Level 3 Award in Nutrition for
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Level 3 Award in Prescribing Nutrition for
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Physical Activity Mock Paper 3. 13. Level
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Level 2 Anatomy and Physiology for
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Paper 2. 15.

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