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~~for Today: Daily Meditations for Recovering Addicts by Narcotics Anon...~~

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Hybrid - Just For Today  
George Harrison — Just For Today — Lyrics Morning Prayer for Recovery from Addiction | Guided Meditation

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Reiki Principles Meditation Just for today — By Psychologist Dr. Rakesh Sharma, De addiction group counselling session in Hindi Alleen voor vandaag, dagelijkse affirmatie, zelfvertrouwen, gezondheid, liefde en dankbaarheid

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Just for Today - Becoming Nancy (2019) ~~AA step 11 morning meditation~~ **Just For Today**

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Narcotics Anonymous - Just for Today - February 09 **Just For Today Na**

Just for Today: I seek the freedom from isolation and loneliness that intimacy brings. Today, I will get to know "the real me" by taking a personal inventory, and I will practice being completely honest with another person.

**Just for Today Meditation - [jft@na.org](mailto:jft@na.org)**

November 28, 2020: Being ourselves: Page 346 "To be truly humble is to accept and honestly try to be ourselves. Basic Text, p. 36: Humility is a puzzling concept. We know a lot about

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humiliation, but humility is a new idea. It sounds suspiciously like groveling, bowing, and scraping.

## **Just for Today Meditation - jft@na.org**

JUST FOR TODAY, through NA, I will try to get a better perspective on my life. JUST FOR TODAY I will be unafraid. My thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

## **Just for Today - Narcotics Anonymous**

Narcotics Anonymous World

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Links: Just For Today \*  
Daily Meditation \* provided  
by NA world service.

**Just For Today \* Daily  
Meditation \* provided by NA  
world ...**

Just for today, through NA, I will try to get a better perspective on my life. Just for today I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

**Just for Today - NA**

Just for today quotes and prayers readings for persons who are in recovery. NA

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daily meditation along with morning inspirational quotes is a great way to start your day. Just for today my thoughts will be on my recovery, living and enjoying life without the use of drugs. I am accepted in NA, I fit in NA JFT.

## **Just For Today Daily Meditation | NA Quotes & Prayers | JFT NA**

Just for today through NA I will try to get a better perspective on my life. Just for today I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow

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that way, I have nothing to fear. Read today's meditation - Simply click on the appropriate date

## **Just for Today Daily Meditation - Narcotics Anonymous**

We can start by comparing our lives today with the way they used to be, developing gratitude for our recovery. We can extend this exercise in gratitude by counting the good things in our lives, becoming thankful that the world does not conform to our expectations but exceeds them. ... Just for today: I will accept my life, gratefully, ...



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## **Just For Today November 24**

"Quieting the mind through meditation brings an inner peace that brings us into contact with the God within us." Basic Text, pp. 46-47. As our recovery progresses, we often reflect on what brought us to Narcotics Anonymous in the first place and are able to appreciate how much the quality of our lives has improved.

## **Just For Today November 25 - [jft@na.org](mailto:jft@na.org)**

Hello and welcome to Just for Today Meditations. Please find below today's date listed in EST, and then please find the date on the calendar below and click on

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it to see today's readings and quotes. January Recovery Quotes & Readings Click on the corresponding date to see the Recovery Quotes & Readings for today's date

## **Just for Today Meditations**

IP No. 8, Just for Today  
---- = ---- Responsibility, responsibility—the responsibilities of life are everywhere. We're "supposed to" wear seat belts. We're "supposed to" clean our homes. We're "supposed to" do certain things for our spouse, our children, the people we sponsor.

## **Just For Today November 26**

Narcotics Anonymous

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Collection: Basic Text,  
Sixth Edition; It Works -  
How and Why; and Just For  
Today, Revised by Narcotics  
Anonymous | Jan 1, 2008 4.7  
out of 5 stars 151

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Narcotics Anonymous  
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Today, Revised by Narcotics  
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Just for today - November 10  
"No matter how far we ran,  
we always carried fear with

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us." Basic Text p. 14. For many of us, fear was a constant factor in our lives before we came to Narcotics Anonymous. We used because we were afraid to feel emotional or physical pain. Our fear of people and situations gave us a convenient excuse to use drugs.

## **Just for today | Twelve Step Journaling**

5.0 out of 5 stars A great every day widget for the NA member. Reviewed in the United States on January 2, 2016. ... I get Hazeldon Just For Today's emailed to me daily. This gives me one more free resource to access

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PO BOX 12151, Gainesville, FL 32604 Help Line: (352) 376-8008. Home; Meetings; Calendar; Just For Today; Service; Links; Contact; Just For Today Meditation

## **Just For Today - Narcotics Anonymous**

Just for Today: Daily Meditations for Recovering Addicts Revised Edition by Narcotics Anonymous World Services (Creator) 4.9 out of 5 stars 1,010 ratings

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Sees It, Daily Meditations  
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Daily Zen, DailyTAO, Day By  
Day, Each Day A New  
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Faiths Check Book, Food For  
Thought, JFT Meditations,  
Journey To The Heart, Keep  
It Simple ...

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