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Write, Open, Act. | An Intentional
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be (even up to ten years!) and then working backward can really clarify what next steps will bring you a payoff, and can help you decide where to put your time.

7 Steps for Making a Life Plan -

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Verywell Mind

At Mind Tools, we've developed our own Life Plan workbook, which has helped thousands of people to achieve personal and career goals. So we were intrigued to read about a different approach in Harkavy's new book,

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“Living Forward: A Proven Plan to Stop Drifting and Get the Life You Want,” co-authored with Michael Hyatt.

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